

# ST. MARY OF THE VISITATION PARISH



16 Cooper Street,  
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreitzel@hamiltondiocese.com

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.*

*Mass for children in Kindergarten to Grade 2*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

## SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or  
by appointment.

## SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be most willing to visit.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

## SECOND SUNDAY OF LENT

Date	Time	Mass Intentions	Requested by
Tuesday, March 3	7:00 PM	+ Joan Garant + Hugh Buchanan + The Rizzuto Family Intentions of Donna Colis Intentions of Elias Appiah Intentions of Stella Medley	Anna Altomare The Buchanan Family The Buchanan Family Mary Jane Pizzio The Garcia Family Carol O'Brien
Wednesday, March 4	8:00 AM	Intentions of Ruth Ann and Jonathan	Anna Altomare
Thursday, March 5	8:00 AM	+ Michael Embro	Anna Altomare
Friday, March 6	8:00 AM	Intentions of Dave Henderson	SSVP Giving Tree
Saturday, March 7	5:00 PM	+ Stanislav Kubala + Maria do Carmo Chaves Sousa + Monty Dsouza Intentions of The Galera Family Intentions of Ines Brueckman	Sidonia Kubala Carmen and Tony Chaves Delsie Sequeira The Quinless Family SSVP Giving Tree
Sunday, March 8	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



### WELCOME TO ST. MARY OF THE VISITATION PARISH

A special welcome to all new members and visitors! We encourage all new members to register with the parish. Please complete an online registration form: [www.stmaryhespeler.ca/new-parishioners](http://www.stmaryhespeler.ca/new-parishioners)

**FAMILY POTLUCK:** A heartfelt thank you to our wonderful Social Committee for hosting a fun evening for the parishioners of St. Mary's. Thank you to all who attended and brought delicious dishes to share and games to play!



**MARCH BREAK:** Father David will be away from **March 9<sup>th</sup> – 14<sup>th</sup> and March 16<sup>th</sup> – March 20<sup>th</sup>**. In his absence there will be *no weekday masses*. On Saturday, March 14<sup>th</sup>

we will welcome *Father Michael King* to celebrate our evening Mass.

**FIRST RECONCILIATION 2026: Thursday, March 26<sup>th</sup> and Friday, March 27<sup>th</sup>**. Parents can sign up online for a date and time: <https://www.stmaryhespeler.ca/date-registration>

**EASTER FLORAL TRIBUTES:** Remember your loved ones this Easter with a Floral Tribute. All donations will be put toward our Easter decorations. During the Easter season, the names of your loved ones will be placed by the Altar and remembered at all Masses. *Forms are available at the church entrances.*

## LENT

Pray + Fast + Give

**STATIONS OF THE CROSS:** Fridays at 7:00 p.m., followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

### ***Could you not watch one hour with Me?***

Lent is a time of reflection, a time to reconnect with God in preparation for the beautiful Season of Easter. Are you wondering what to do during this Lenten Season? Why not consider spending one hour a week with Jesus in our Chapel of Adoration. *The following hours are available: Monday: 3AM, Wednesday: 1AM, 6AM, 7AM, Thursday: 2AM, 3AM, 1PM, 8PM, Friday: 1AM, 12PM, Saturday: 4AM.* For more information, please call Frank or Sheila at (519) 658-9414.

### **CONFESSION TIMES DURING LENT:**

*Tuesdays: 6:30 p.m. – 6:55 p.m.  
Saturdays: 4:00 p.m. – 4:45 p.m.  
Saturday, March 28: 10:00 a.m. – 11:00 a.m.  
Wednesday, April 1: 8:30 a.m. – 9:30 a.m.  
Thursday, April 2: 8:00 p.m. – 9:00 p.m.,  
April 3 (Good Friday): 11:00 a.m. – 1:00 p.m.  
Please note: No Confession on Holy Saturday*

**FORMED:** Journey through Lent with one of the enriching programs available on FORMED. *New to FORMED?* Go to <https://formed.org/signup> and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and email address and "Sign Up".

**PARISH OFFERINGS for Feb. 21/22, 2026**

Sunday Envelopes: \$3,481.20

***Your continued financial support is greatly appreciated.***



**C.W.L. NEWS:** The next Catholic Women's League meeting will be held on **Tuesday, March 3<sup>rd</sup>** in the Parish Centre, following the 7:00 p.m. Mass. The Rosary will be prayed at 6:30 p.m. For questions or more information, please contact Chris at 519-400-3657.



**ST. VINCENT DE PAUL COLLECTION:** The collection for the weekend of February 21<sup>st</sup>/22<sup>nd</sup> was \$1,637.90. Thank you for your generosity and continued support!



**WORLD DAY OF PRAYER 2026: "Rest for the Weary"**  
This year the World Day of Prayer will be hosted at **Wanner Mennonite Church** on **Friday, March 6<sup>th</sup> at 1:30 pm**. Social and fellowship time following the Ecumenical Worship service. All are welcome. Please see the poster in the church entrance for details.

**LIFT JESUS HIGHER RALLY: NO GREATER LOVE Saturday, March 14<sup>th</sup>, 2026.** A day to deepen and renew your faith, with inspiring talks and testimonies, powerful praise and worship, the rosary, the Divine Mercy Chaplet, Mass, Eucharistic Adoration, fellowship, and so much more! For tickets and details visit <https://www.ljhr.ca/>



**DIOCESAN WEDDING ANNIVERSARY MASS:** Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a special Wedding Anniversary Mass on **Sunday, May 31<sup>st</sup>, 2026 at 1:30 p.m.** at the Cathedral Basilica of Christ the King, 714 King Street West in Hamilton. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under "Upcoming Events" on the home page at [hamiltondiocese.com](http://hamiltondiocese.com) or call the Family Ministry Office at 905-528-7988 ext. 2249.

**THE KIDS BULLETIN:** Visit <https://thekidsbulletin.com/> for a fun way for Catholic kids to learn about the Faith every week. A great resource for the season of Lent!

**YOUNG ADULTS NIGHT:** Fr. Mark Morley invites young adults (ages 20s and 30s) of our diocese to attend an evening of Adoration, fellowship and music for Lent in support of you as you discern your vocation and as we prepare to celebrate Easter. The Young Adults Night includes a Holy Hour (6:30pm-7:30pm), social with food, vocations testimony, Lenten music concert, and Compline (9:00pm) on **Saturday, March 7<sup>th</sup>** at St. Ann Church (120 Sherman Avenue North, Hamilton, ON). Sponsored by the Vocations Office of the Diocese of Hamilton. <https://hamiltondiocese.com/vocations/> For more info contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

**PRO-LIFE PRAYER VIGIL: Thursday, March 5<sup>th</sup> from 10:00 a.m. to 11:00 a.m.** opposite Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road, Schneider Park. Any queries, please contact Cathy at [cmlamers@rogers.com](mailto:cmlamers@rogers.com)

**LISTENING AND FASTING:** Pope Leo XIV's message for Lent 2026, entitled "*Listening and fasting - Lent as a time of Conversion,*" was published on Friday, February 13<sup>th</sup>, by the Holy See Press Office. To read Pope Leo's message visit the Dicastery for Integral Human Development: [www.humandevlopment.va](http://www.humandevlopment.va)

**JUBILEE YEAR OF ST. FRANCIS OF ASSISI** From Jan 10, 2026 to Jan 10, 2027, the Church marks a special Jubilee Year of Saint Francis of Assisi on the 800<sup>th</sup> anniversary of his death. During this year, the faithful may obtain a plenary indulgence by fulfilling the usual conditions (confession, Communion, prayer for the Holy Father, detachment from sin) and engaging in acts inspired by the Franciscan spirit, such as pilgrimage, prayer, works of charity, and humble service. To learn more about this Holy Year, visit <https://bit.ly/yearoffrancis>.

**VOCATIONS RECOGNITION DINNER 2026:** The Serra Club of Hamilton warmly invites you to attend the 23rd Annual Vocations Recognition Dinner on **Wednesday, April 29<sup>th</sup>, 2026**, at Liuna Station to celebrate the dedicated service of our Priests, Deacons, Religious Brothers and Sisters, and Consecrated Virgins in the Diocese of Hamilton. Milestone anniversaries will be honored and we will hear the inspiring faith journeys of this year's ordinandi and candidates. Doors open at 6:00 pm. Tickets are \$90 per person. For more information and to order tickets, visit: <https://hamiltondiocese.com/events/>. This event is co-sponsored by the Vocations Office of the Diocese of Hamilton.

# SCHIEDEL

CONSTRUCTION INCORPORATED

Design-Build  
Project Management  
General Contractors

405 Queen St. W.

519-658-9317

www.schiedelconst.com



Listen to  
the *Holy Rosary Hour*

Sunday  
from 7 - 7:30 a.m.

On CKWR 98.5 fm  
Sponsored by CWL

## Goad and Goad LAW FIRM

Estate and Wills  
Powers of Attorney  
Real Estate & Business Law

519-623-7660

www.goadandgoad.com

## FREE HEARING SCREENINGS



**NEW HOPE**  
HEARING

101 Holiday Inn Dr.  
Cambridge, ON

519.220.1441

*A Proud Hespeler Business Since 2010*



HERITAGE  
MEADOWS

Retirement Living

Book your tour with  
a complimentary  
lunch today

Diana Hermo  
519-620-9999

brightwaterseniorliving.com



## Dumfries Memorials

670 Fountain St. N.  
beside Parklawn Cemetery

519-650-0190

**George Szczepski CA CPA**  
Personal & Corporate Tax  
**519-654-6633**  
taxtip07@gmail.com



Shopping  
Locally  
Saves Gas

### JOIN US

To learn more about your  
Parish Knights of Council #4916

Contact  
GK George Harris  
519-621-3665  
or  
PGK Dan Schmalz  
519-239-5003



ALFRED FACH  
EXCAVATING  
LTD.

R.R. 21, Cambridge

519-658-5021

THE PERFECT  
SPOT  
TO  
ADVERTISE



TO ADVERTISE IN THIS SPACE

PLEASE CALL

1-800-268-2637

# Lounsbury

## FUNERAL HOME

A Division of Corbett Funeral Home

*Service built on a simple idea... We Care.*

*Proudly locally owned and operated*

1766 Franklin Blvd. 519-658-9366

www.lounsburyfuneralhome.com